



THE FULL WORKFLOW · FLY

the butterfly became my eyes.

A black butterfly flies down a hotel corridor, the lights go out, and its eye-markings turn into my eyes. One selfie, one reference video, one prompt.

CREATOR

@by.jadla

MODEL

Higgsfield Genjutsu

ORIGINAL METHOD

@kaye.creatives

What you are about to build

OVERVIEW

You take Kaye's 10-second butterfly video and put yourself into it. The camera, the cuts, the butterfly's flight and the black beat stay exactly as they are. Only the person changes.

STEP 1

Selfie. One clean, frontal photo of yourself.

STEP 2

Genjutsu. Higgsfield, Video, model Higgsfield Genjutsu, mode Motion transfer.

STEP 3

Uploads. Kaye's butterfly video as the reference, your selfie as the character.

STEP 4

Prompt. Paste the prompt, hit Generate. That's it.

Credit where it belongs. The butterfly video and the original prompt are by [@kaye.creatives](#). She published them on Higgsfield on 15 Sep 2026 in her blog post "Butterfly" ([higgsfield.ai/@kaye_creatives/blogs/butterfly](#)). Go follow her. What I changed is the prompt, so it works for a man with short hair and a beard.

The fastest way: Kaye's own button

On her blog post you can input your selfie and tap ✨recreate✨. That runs her original prompt. Her prompt swaps **only the face**: the hair, the make-up, the earrings and the lace blouse stay the ones from her video. If that fits you, you are done. If not, use my version on the next pages.

1 Take a clean selfie

PHONE · PHOTO

The most important moment in the video is when the two glowing rings land on your eyes. The model needs to see your eyes clearly for that.



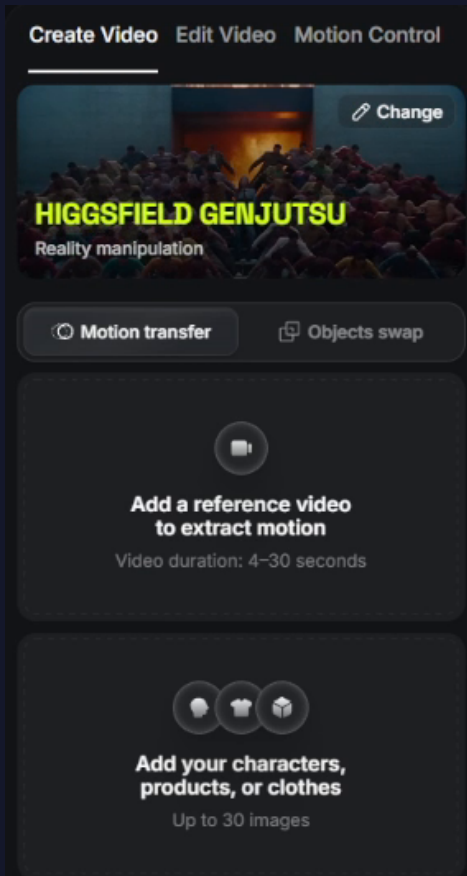
Left: the selfie I used. Right: the same face in the result, the moment the glow fades into my eyes.

What made this selfie work

- **Frontal, both eyes straight into the camera.** The eye-markings of the butterfly become your eyes, so they have to be clear.
- **Neutral face, mouth closed.** Whatever expression you make gets pulled into the video.
- **Even daylight, plain wall, nothing in front of your face.** No mic, no hand, no sunglasses.

2 Set up Genjutsu

Go to Higgsfield, open **Video** and pick the model **Higgsfield Genjutsu**. Choose **Motion transfer**, not Objects swap.



Two upload slots

- **Reference video** ("Add a reference video to extract motion", 4 to 30 seconds): Kaye's butterfly video from her post. It is 10.62 s long.
- **Characters, products or clothes** (up to 30 images): your selfie.

In the prompt the video is called **@Video1** and your selfie **@Image1**. Keep those names, the prompt refers to them.

Then switch **Prompt** on. I generated in **1080p**.

Why I rewrote the prompt

PROMPT · NOTES

Kaye's prompt is an object swap for the face only. On a man that goes wrong: you get her long hair, her braid and her make-up. A comment under her post says the same.

What I changed

- **Person swap instead of face swap.** Face, head, hair and beard come from the selfie.
- **Identity lock.** A short, exact description of me: skin, eyes, eyebrows, short dark curls with a low fade, trimmed beard, no make-up. **Rewrite this paragraph for your own face.**
- **Wardrobe.** Black blazer and trousers as filmed, but a plain black T-shirt instead of the lace blouse. No earrings, no jewellery.
- **Every shot adjusted.** Beard and fade visible in the profile shot. In the last shot the butterfly covers my lips and part of the moustache, the beard stays visible around it.
- **New bans.** No long hair, no ponytail, no braid, no strands over the face, no make-up, no lace. Do not feminise the face, do not remove the beard.

What I kept exactly

- The butterfly's flight path in X/Y percent, every cut, the timing and the black beat.
- The eye-glow rule: the two rings sit on the new face's eyes and fade into the real irises on the same frames.

3 Paste the prompt

GENJUTSU · PROMPT

This is the exact prompt I pasted. Change the IDENTITY LOCK and WARDROBE to match you, leave the timeline alone.

PASTE THIS · PART 1 OF 3

PERSON SWAP – REPLACE THE WOMAN WITH THE MAN FROM @image1 (face, head, hair and beard). @image1 = the new person.

SOURCE: @Video 1 · 11s 10.62 s, 24 fps, 1280×1080, five shots. Nothing about its motion, camera, cuts, timing, lighting, VFX or grade may change. The only edit is the person who appears in shots 3, 4 and 5: she becomes the man from Image 1.

IDENTITY LOCK (from Image 1, keep it exact)

A man in his mid-twenties: light olive skin, dark brown eyes, thick straight dark eyebrows, straight nose, full lips; short dark-brown tight curls on top with a low fade on the sides and back; a short, well-trimmed dark beard with moustache and a clean neckline. Male face, no makeup.

WHAT CHANGES

In every frame where the person is visible (3.83-5.46 s close-up, 5.46-7.46 s wide shot in profile, 7.5-10.62 s three-quarter extreme close-up), replace the woman with the man from Image 1: face shape, eyes, eyebrows, nose, lips, skin tone, his curly short hair with the faded sides, his beard and moustache. The new head follows the original head frame by frame – same head tilt, same turns, same blinks, same eye direction, same lip position, same smirk. From Image 1 take ONLY his identity, hair and beard: not his lighting, not his background, not his expression, not his T-shirt.

WARDROBE (replaces the original outfit)

- black oversized blazer, black wide trousers (as filmed)
- instead of the ivory lace blouse: a plain black crew-neck T-shirt under the blazer, plain black cuffs where the lace cuffs were
- no earrings, no jewellery, no makeup

WHAT NEVER CHANGES

- the black butterfly with pale concentric eye-markings, every frame of its flight, every wingbeat, its size on screen and its position
- the hotel corridor, the warm sconce light, the red patterned carpet, the film grain and colour grade
- all five camera positions (all static), all four cuts and their exact timing
- the audio

LOCKED TIMELINE – preserve exactly. X% from the left edge, Y% from the top.

SHOT 1 (0.00-3.83) – corridor, locked-off camera with a slight dutch tilt. No person in this shot.

0.0-0.4 sharp empty corridor.

0.4-1.8 slow continuous focus pull off the corridor; by 1.8 the sconces are soft blooms and stay soft to the end of the shot.

Paste the prompt (continued)

GENJUTSU · PROMPT

PASTE THIS · PART 2 OF 3

1.0 butterfly appears as a speck deep in the corridor at X62/Y45.

1.0-1.5 flies toward camera swinging LEFT and slightly up to X38/Y38, about 5% of frame width, wings beating about three times per second.

1.5-2.0 keeps going left and drops: X30/Y40 at 1.75, X25/Y54 at 2.0.

2.0-2.5 sweeps back right and lower across the carpet: X45/Y68 at 2.25, X65/Y64 at 2.5, growing to about 12%.

2.5-2.85 drifts to about X70/Y62, about 25% wide, wings alternating folded and open, motion-blurred.

2.85-3.0 dips down with wings folded into a narrow vertical silhouette, tails pointing down, body at X62/Y73.

3.0-3.2 lunges at the lens: wings sweep open, size jumps from 25% to about 58% of frame width, body rises up-left to about X55/Y52.

3.2-3.5 full flat spread square to the lens, still growing to about 70% of frame width; the two eye-markings begin to glow honey-amber at 3.2 and reach full glow by 3.5. Markings at 3.33: X36/Y48 and X66/Y41. At 3.5: X33/Y44 and X68/Y36.

3.5-3.83 wings held fully open, no wingbeats, slow upward drift. Final position: LEFT marking X33/Y39, RIGHT marking X67/Y30, axis tilted about 12° with the right marking higher; body at X50/Y37, tails reaching about Y75.

3.833 lights snap to black in a single frame.

TRANSITION (3.83-5.00)

3.875 one lit frame: corridor and butterfly back at full brightness.

3.917 black.

3.958 one dim frame at about half brightness: butterfly reads only as a silhouette, both markings glowing.

4.000 black.

4.042 one very faint frame.

4.083-4.583 true black for half a second. Nothing visible but two glowing honey-amber rings, thin ring with a dark centre, at LEFT X35/Y36 and RIGHT X62/Y29, completely still.

4.583-4.79 smooth fast fade-up over about 0.2 s. A face has already formed around the two rings: they are HIS eyes. The rings do not move, resize or change colour during the fade-up.

4.79-5.00 full warm light; the glow fades out of both eyes into his natural dark brown irises over about 0.2 s.

SHOT 3 (3.83-5.46) – tight close-up, static camera. His face fills the frame from the T-shirt collar up, head tilted so the screen-right side is higher, gaze locked on the lens, a faint smirk that grows slightly from 5.0 to 5.46, almost no other movement. Curls and beard sharp, lit by the same warm light. Blurred warm scone light behind him on screen-left.

SHOT 4 (5.46-7.46) – wide shot, low canted static camera. He stands with his back to camera in the black blazer, head turned right in profile (beard and faded side visible), right arm raised, the butterfly perched on his fingers. Butterfly wings folded upright 5.5-6.7, opening slowly 6.8-7.4. Only a slight body sway.

Paste the prompt (continued)

GENJUTSU · PROMPT

PASTE THIS · PART 3 OF 3

SHOT 5 (7.50-10.62) – extreme close-up, three-quarter, static camera. Butterfly perched on his screen-left cheek covering the lips and part of the moustache; his beard stays visible around it. Wings flat open 7.5-7.9; fold upright 8.0-8.5; reopen slowly 8.7-9.4; held open with a slight flex 9.4-10.62. His eyes look off-lens to screen-left; a slow blink closes at about 8.6 and reopens by about 9.0; lips slightly parted throughout.

EYE-GLOW RULE – the most important rule of the swap

The glowing rings in the transition and in the reveal must sit exactly on the eyes of the NEW face, at the coordinates above, and fade into his natural irises on the same frames. The butterfly's markings and his eyes are one pair of eyes carried across the cut – never two different objects.

OCCLUSION RULE

In shot 5 the butterfly stays in front of the new face, in the same place, covering the same part of the lips and cheek on every frame. The new skin, lips and beard are reconstructed only where the original skin and lips were visible.

BANS

Do not change the butterfly's path, size, speed, wing timing or markings. Do not change any cut point or the length of the black beat. Do not move, resize or recolour the glowing eyes. Do not give him long hair, a ponytail, a braid, loose strands over the face or slicked-back hair – his hair is short dark curls with faded sides, exactly as in Image 1. No makeup, no eyeshadow, no lipstick, no earrings, no lace. Do not feminise or smooth his face and do not remove or change his beard. Do not take expression, lighting or background from Image 1. Do not add camera movement, text or any new element.

4 Generate

GENJUTSU · RESULT

Prompt

PERSON SWAP — REPLACE THE WOMAN WITH THE MAN FROM @Image 1 (face, head, hair and beard). @Image 1 = the new person.

SOURCE: @Video 1 · 11s 10.62 s, 24 fps, 1280×1080, five shots. Nothing about its

Model

Higgsfield Genjutsu  New

Quality

1080p

Use free gens

+1 

☐

Generate

★ 176 121

Hit **Generate**. My run with Genjutsu at 1080p showed 121 credits on the button.

The result came back as one 10-second clip with all five shots: the corridor, the black beat with the two glowing rings, the close-up, the wide shot with the butterfly on my hand, and the butterfly on my face.



Frames from my generation, in order. Nothing was edited in between.

NOW PUT YOURSELF IN IT

One selfie. One prompt.

Selfie in, Kaye's video as the reference, Motion transfer, prompt, Generate.



Original video and method: [@kaye.creatives](#). Rewrite and guide: [@by.jadla](#).
Tag us both when you post yours. Want this for your brand? [byjadla.com](#)